

21 DAYS OF PRAYER  
AND FASTING GUIDE

JANUARY 6th

Day 1

God Wants to Impact Your Life - Pray  
that He Will

God wants to change your life from the inside out! If you're just hearing about Jesus in this moment, if your faith is brand new, or if you've spent a lifetime following Jesus, He wants to impact your life to then impact this world. As we embark on these 21 days of prayer and fasting ask God today what He wants to do in you. It could be life changing. Return often to what you feel He's said and if you don't hear yet, don't worry! He'll speak to you during these three weeks.

Proverbs 3:5-6

Trust in the Lord with all your heart; do not depend on your own understanding. Seek His will in all you do, and He will show you which path to take.

JANUARY 7th

Day 2

Lift the Needs You Have and Return to  
Them Throughout This Fast

Our God doesn't leave us on our own. During good times and difficult times, He wants to be the one to make our paths straight. Whatever your need is right now, lift it up to Him so He can be the one to take care of it. He can be trusted! Look what He's already done for us!

Psalm 55:22

Cast your burden on the Lord, and He will  
sustain you; He will never permit the  
righteous to be moved.

JANUARY 8th

Day 3

Pray that God Would Increase the Love  
in Your Heart.

You are loved! Deeply loved by the Creator of all things. Because you're loved so greatly the proper response is to share that love with others. The world doesn't need us to prove ourselves right or win the next debate. It simply needs us to show the love of Jesus.

That love wins every time.

1 Corinthians 13:4-7

Love is patient and kind. Love is not jealous or boastful or proud or rude. It does not demand its own way. It is not irritable, and it keeps no record of being wronged. It does not rejoice about injustice but rejoices whenever the truth wins out. Love never gives up, never loses faith, is always hopeful, and endures through every circumstance.



JANUARY 9th

Day 4

Pray for an Increase of Joy in Your Life

No matter where you are in your journey, you can never experience too much joy. Joy is a power we have as believers that will protect us even in the most difficult times. If you're struggling to find any joy at all, we're believing on your behalf that God will bring breakthrough in this area of your life today.

Romans 15:13

I pray that God, the source of hope, will fill you completely with joy and peace because you trust in him. Then you will overflow with confident hope through the power of the Holy Spirit.

JANUARY 10th

Day 5

Pray for Peace that Passes All  
Understanding

Peace is directly related to being close to God. The benefit of this closeness radiates out to our families, our friends and really anyone God places in our path. It can be felt in our responses, seen in our mindsets and is displayed in our creativity. Spend time experiencing His closeness this morning and ask Him for the peace that passes all understanding.

Philippians 4:7

And the peace that surpasses all understanding, will guard your hearts and your minds in Christ Jesus.

JANUARY 11th

Day 6

Pray for an Increase in Your Faith in Him

Faith pleases God. When we believe in Him, He moves in powerful ways. Sometimes we get so caught up in what “level” of faith we have. We worry that God won’t act because we don’t “believe enough”. Our God is a GOOD GOD! He tells us that, even if we have very little faith, He will act on our behalf. Coming to Him in prayer shows you have even a little bit of faith. Take that little bit, offer it to Him and watch what He does with it.

Matthew 17:20

“You don’t have enough faith,” Jesus told them. “I tell you the truth, if you had faith even as small as a mustard seed, you could say to this mountain, ‘Move from here to there,’ and it would move. Nothing would be impossible.”

JANUARY 12th

Day 7

Pray for Personal Revival

God wants to revive your heart today! He wants to awaken the desires of your heart for Him and for the work He calls you to. There may be seasons of dryness, but we don't need to be there. If we find ourselves there, we don't need to remain there. If you want to experience personal revival here is where you start... in prayer. Pray and ask. "Lord renew a right spirit within me today. Revive my soul, in Jesus' name."

Psalm 51:10-12

Create in me a clean heart, O God. Renew a loyal spirit within me. Do not banish me from your presence, and don't take your Holy Spirit from me. Restore to me the joy of your salvation and make me willing to obey you.



JANUARY 13th

Day 8

Pray for Joy in Our Church

We should be the most joy-filled people on planet earth. We have a God who has given Himself so that we may live. The world sees that. They see how we respond to the gift we have been given. Joy and Thanks, Worship and Praise are the proper response. Let's pray today that Joy would fill the hearts of all who walk into Bethel's doors.

1 Peter 1:8

You love him even though you have never seen him. Though you do not see him now, you trust him; and you rejoice with a glorious, inexpressible joy.

JANUARY 14th

Day 9

That God Would Use Bethel to Impact  
Ottawa

The church has many functions. It meets the need in the community, it praises and worships God, it edifies and it teaches. One of the greatest things it does is represent Christ where God has placed it. Pray that we be known for our love for our city, and for our love of Christ. Ask God that we would impact the city by the power of the Holy Spirit who guides us.

Hebrews 10:25

And let us not neglect our meeting together, as some people do, but encourage one another, especially now that the day of His return is drawing near.

Matthew 28:19

Therefore, go and make disciples of all nations, baptizing them in the name of the Father and the Son and the Holy Spirit.

JANUARY 15th

Day 10

Pray for Spiritual Strength in the Next  
Generation

The generations who will be leading the church are facing issues like we have not seen. There is great need to pray over them as they walk out their faith in this quickly changing, pleasure seeking age. We must pray for reliance on the truth of the word and the guidance of the Holy Spirit.

Isaiah 40:29:31

He gives power to the weak and strength to the powerless. Even youths will become weak and tired, and young men will fall in exhaustion. But those who trust in the Lord will find new strength. They will soar on wings like eagles.

JANUARY 16th

Day 11

Pray for the Leadership at Bethel

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The leadership at Bethel cannot move forward without the leading and guiding of the Holy Spirit. Please take time to pray over their ministries, their families and their relationship with the Lord.

Colossians 1:9

So, we have not stop praying for you since we first heard about you. We ask God to give you complete knowledge of His will and to give you spiritual wisdom and understanding.



JANUARY 17th

Day 12

Pray for a Deep Belief in the Power of  
Prayer

Prayer is how God gets things done in this world. It's all about our relationship with Him and being in His presence. If you find yourself struggling to remember to pray, or you give up quickly when you've asked the Lord and don't receive a response right away, don't lose heart. Turn to Him today and ask that He will renew in you a deep belief that no matter what it is, or how impossible it might seem, God hears our prayers and answers them according to His will. He will not do what is bad for us. Do NOT give up, in all things and for all things turn to the Lord in prayer.

1 John 5:14

This is the confidence we have in approaching God: that if we ask anything according to His will, He hears us.

JANUARY 18th

Day 13

Pray for a Deep Love and Appreciation  
for God's Word

God speaks through His word. The Bible is where we learn about who He says we are in Him. It is where we learn the commandments He calls us to obey. It's also where we see His promises and find answers to the deepest struggles of a person's journey. Pray today that you will fall in love with His Word or that you would love it more than you already do.

Psalm 119:105, 106

Your word is a lamp to guide my feet and a light for my path. I've promised it once, and I'll promise it again: I will obey your righteous regulations.

JANUARY 19th

Day 14

Pray That our Praise and Worship Would  
Bless Him

We are not called to be fans of Jesus. We are called to follow and worship him. Our worship should be in awe of how amazing He is. Pray today that the wonder of how unending, how tremendous, and how powerful our God is be obvious in our worship of him.

Hebrews 12:28,29

Since we are receiving a Kingdom that is unshakable, let us be thankful and please God by worshipping him with holy fear and awe. For our God is a devouring fire.

JANUARY 20th

Day 15

Pray That Freedom Would Reign in The  
House of God

Pray for a spirit of freedom in the House of God. Pray that we would experience freedom in our relationship with Him, in our love for one another, in our worship, prayer and preaching of His word. He has set us free. May the Holy Spirit correct us in His way so that there would be no condemnation for those of us who are in Christ Jesus.

Galatians 5:1

So, Christ has truly set us free. Now make sure that you stay free, and don't get tied up again in slavery to the law



JANUARY 21st

Day 16

Pray and Reflect on this time of Prayer and Fasting. Ask for Breakthrough!

We are two thirds of the way there! Take time to reflect today on what God has done and what He has spoken to you during this time of prayer and fasting. Give thanks for all He has done and for all He is doing. If you're still waiting on Him, don't give up. Never give up! Ask for breakthrough today and remember Him when your prayers are answered. If he Has answered your prayer, after you have given thanks, ask Him if there is another area that needs His miraculous touch. He can and He will.

Ephesians 3:20

Now all glory to God, who is able, through His might power at work within us, to accomplish infinitely more than we might ask or think.

JANUARY 22nd

Day 17

Practice His Presence. Listen in Prayer  
For the Voice of God

We live in a busy world. There is so much to distract us and so much to charm us that it can be very easy to let the noise of the world drown out the one who created it. He wants to speak to you and today we will return to the ancient practice of silence in His presence. Take the next few minutes and simply be with your God. He wants to speak to us, so be still, quiet yourself and listen for Him. You might want to sit and ponder this scripture.

Psalm 46:10

Be still and know that I am God.

JANUARY 23rd

Day 18

Prayer for Salvation

God desires that everyone would know Him and love Him. He has shared a tremendous gift with each one of us when He gave His life on the cross. He knows the names of those you're praying for. He knows their hearts and He loves them even if they don't yet know him. Don't give up! Pray again! Today! Today could be the day they choose Jesus as Lord of their lives.

Luke 15:4

If a man has a hundred sheep and one of them gets lost, what will he do? Won't he leave the ninety-nine others in the wilderness and go to search for the one that is lost until he finds it? And when he has found it, he will joyfully carry it home on his shoulders. When he arrives, he will call together his friends and neighbours, saying, 'Rejoice with me because I have found my lost sheep.' In the same way there is more joy in heaven over one lost sinner who repents and returns to God than over ninety-nine others for are righteous and haven't strayed away!



JANUARY 24th

Day 19

## Prayer to walk through the open doors

In the book of Acts, we find an account of Peter and Cornelius. It is a story illustrating how God was willing to open up doors for the purpose of spreading His Word. This was all contingent upon the faithfulness (or obedience) of Peter.

The Lord spoke to Peter in a vision and commanded him not to call any man unclean (Acts 10:28). This was a difficult command for Peter, as he was a Jew following the Law of Moses. However, Peter had to step out in faith if he wanted to follow God's will. By obeying this command from the Lord, Peter opened the door for Gentiles (non-Jews) to be accepted into the church.

Not only did this event open doors for non-Jews to become Christians, but it also showed that God was working in ways never seen before. God had chosen Peter and Cornelius to bring about a significant change in the church – one which would see salvation spread far beyond the nation of Israel. This is a powerful example of how our obedience to God can open amazing doors for us. When we trust and obey Him, He will lead us to places we never thought possible.

Friends, God is still in the business of opening doors for those who believe in Him.



JANUARY 25th

Day 20

## Postured in the Spirit of Excellence

Throughout Joseph's story, we see him walking excellently in whatever he does. He is promoted to a position of high authority and stands out among the rest (Genesis 41:39-40). We can learn from his example that no matter what our role is in life, we should strive for excellence because it honors God and brings Him glory.

Colossians 3:17 says, "And whatever you do, whether in word or deed, do it all in the name of the Lord Jesus, giving thanks to God the Father through him."

JANUARY 26th

Day 21

Praise and Worship Him! Give Him Thanks!

We've made it to the end of our prayer and fasting journey! God is so good, and He walked every step with us. We believe that everything we ask for is heard and answered in His name. So, we give Him all glory and honour and praise because He is worthy.

Isaiah 12:2

See, God has come to save me. I will trust in Him and not be afraid. The Lord God is my strength and my song; He has given me victory.”

Praise Him!



